



AREAS OF EXPERTISE (CHILDREN AND ADULTS)

- Brain Injury
- Progressive neurological conditions
- Spinal Cord Injury
- Orthopaedics
- Polytrauma
- Oncology
- Pain management
- General medical conditions
- Post traumatic stress
- Palliative care and bereavement

PROFESSIONAL REGISTRATION AND MEMBERSHIPS

- Nursing and Midwifery Council (NMC)
- British Association of Brain Injury and Complex Case management

QUALIFICATIONS

- Registered Nurse (Adult)
- BSc(Hons) Nursing Studies
- Master of Arts (MA) in Management and Organisation Dynamics
- PRINCE 2 Project Management

Stella Kerins

RN BSc(Hons) PGDip MA

Case Manager

PERSONAL STATEMENT

Stella is a registered nurse who qualified in the United Kingdom in 1993. After gaining her Bachelor of Science from University of Essex in 1995, she worked in a variety of different healthcare settings gaining experience in clinical areas including acute inpatient general medicine, community hospital rehabilitation for stroke and care of the elderly, community specialist palliative care including pain management, and brain injury. Stella has provided excellent governance and clinical leadership to a number of teams throughout her career, including working as a CQC registered manager, in senior management roles, setting up new services, supervising staff and managing large budgets.

In 2020 Stella commenced work in a community setting for Headway, the national charity for brain injury, defining needs and coordinating care, support and signposting to people living with traumatic and acquired brain injury. This encompassed providing support for co-morbid conditions alongside other trauma sustained, such as orthopaedic and spinal cord injuries. As part of this role, she ensured that all areas of need were addressed including arranging personal care packages in the community, liaising with GPs and medical consultants, organising appropriate equipment and therapy, housing needs and referrals to social services and giving advice.

Coupled with her diverse clinical experience, Stella has excellent communication skills, is approachable and is sensitive to emotional, physical and holistic needs.

Stella has been a trustee for the charity Essex Carers Support for ten years and is passionate about supporting carers' wellbeing.

Stella applies her extensive experience to her role as a case manager with adults, young people and their families living with life changing injuries and conditions. Stella undertakes immediate needs assessments and coordinates provision of high quality care and rehabilitation services for people with catastrophic injuries. She uses her skills in goal setting and facilitating complex family situations to support people to find resolutions and maximise quality of life.

Stella maintains her registration and undertakes continuing professional development by attending regular webinars, conferences and training courses relevant to her role as a case manager.